

# the Cookery

## BREAKFAST | served all day

**Day Breaker ..... 6.70**

*Whole Grain Toast, 16oz coffee, cup of seasonal fruit Substitute Bagel.....add 1.25*

**Grande Homemade Biscuit..... 3.25**

*Build your biscuit options below.*

**Bagel ..... 2.25**

*Build your bagel options below.*

### Bagel and Biscuit Add-ons:

Add white gravy ..... 2.25  
 Cream Cheese ..... .75  
 Jam ..... .50  
 1 Egg (cooked to order) ..... 1.00  
 Cheese ..... 1.00  
 Bacon ..... 1.50  
 Ham..... 2.00  
 Avocado ..... 1.50  
 Peanut Butter ..... .50  
 1oz Honey ..... .75


**Sunrise BLT..... 8.25**

*Fried egg, Bacon, lettuce and tomato, mayo on side, on your choice of bread.*

 **Vegemite Toast..... 4.50**

*A salty & savory Aussie spread served on toast  
 Add Egg (cooked to order) 1.00 / Add Avocado 1.50*

**Aussie Avo Smash ..... 6.95**

 *Fresh smashed avocado, house Tahini sauce, grape tomatoes, crumbled feta, seasonal sprouts on open face toasted white or wheat bread.  
 Add Egg..... 1.00*

**Breakfast Wrap..... 6.25**

*Grilled peppers and onions, scrambled eggs, béchamel sauce, sautéed potatoes and cheese in a flour tortilla.  
 Add Bacon 1.50 / Add Avocado 1.50*

**Breakfast Bowl ..... 5.95**

*All of the ingredients in the Breakfast Wrap without the flour tortilla.  
 Add Bacon 1.50 / Add Avocado 1.50*

### Pancakes

3 golden pancakes: Plain 6.00  
 Chocolate Chip 7.50 / Banana Walnut 8.95  
 Strawberries & Chantilly 8.95

**Oatmeal..... 4.50**

*Whole grain oatmeal, sweetener of choice, milk  
 Add Banana .75 / Walnuts 1.50 /  
 Blueberries 1.25 / Strawberries 1.25*

**Low-fat Yogurt Parfait ..... 6.25**

*Yogurt, seasonal fruit topped with granola*

**Fruit Cup w/Chantilly cream ..... 5.25**

### A la Carte Breakfast

\*\*Egg (Cooked to order) ..... 1.00  
 Bacon (1 Slice)..... 1.50  
 Ham..... 2.00  
 Toast (White, whole grain w/butter)..... 1.75ea  
 Sautéed Breakfast Potatoes..... 3.75  
 Avocado ..... 1.50  
 1 Golden Pancake ..... 3.50

## KIDS CHOICES

Vegemite Sandwich with chips ..... 5.00  
 Toasted \*Peanut Butter and Jelly ..... 4.95  
 Grilled Cheddar Cheese with chips ..... 4.25  
 Grilled Ham and Cheese with chips ..... 5.25  
 Kids Chicklets (with baked fries)..... 8.50  
 Cookery Mac and 4 Cheese ..... 8.50

*\*Allergy Alert: Items that contain nuts*

*\*\*Eggs are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.\*\**